


Jennifer Harcourt, Director of Community Services  
 Lisa Johnson, R.N. Manager, ADS Case Manager  
 Cindy Elam, Administrative Assistant  
 Gie Benshoof, Activities Specialist

## Welcome Center October 2025 Activity Calendar


Program Aides:

Julia, Bonnie, Emma, Kristi, Melanie, Sarah, Quay

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p><b>OCTOBER FEATURED MOVIE</b></p>		1	2	3
		9:30 Trivia 9:45 Morning Stretch 10:00 Art/WordSearch/CrosswordPuzzle 10:30 Customers'ChoiceActiveGame RdngNook/TTGames/Clavinova <b>LUNCH @ 11:30 and SNACK @ 1:45</b> 12:45 <b>VARIOUS ARTIST</b> Alternative Activity 2:00 PM STRETCH, MUSIC & TRIVIA (PeoplePlacesHistoryMusicArts&Culture)	9:30 Trivia 9:45 Morning Stretch 10:00 Art/WordSearch/CrosswordPuzzle 10:30 BibleStudy/Cust.ChoiceActiveGame TTGames/Clavinova <b>LUNCH @ 11:30 and SNACK @ 1:45</b> 12:30 <b>ROSALIE JEFFRIES</b> Alternative Activity 2:00 PM STRETCH, MUSIC & TRIVIA (PeoplePlacesHistoryMusicArts&Culture)	9:30 Trivia 9:45 Morning Stretch 10:00 <b>OSU Nutrition Teaching</b> 10:30 BibleStudy/Cust.ChoiceActiveGame TTGames/Clavinova <b>LUNCH @ 11:30 and SNACK @ 1:45</b> 12:45 <b>JESUS UNLIMITED</b> Alternative Activity 2:00 PM STRETCH, MUSIC & TRIVIA (PeoplePlacesHistoryMusicArts&Culture)
		6	7	8
9:30 Trivia 9:45 Morning Stretch 10:00 Art/WordSearch/CrosswordPuzzle 10:30 Customers'ChoiceActiveGame RdngNook/TTGames/Clavinova <b>LUNCH @ 11:30 and SNACK @ 1:45</b> 12:45 <b>SANDY with GARRY</b> Alternative Activity 2:00 PM STRETCH, MUSIC & TRIVIA (PeoplePlacesHistoryMusicArts&Culture)	9:30 Trivia 9:45 Morning Stretch 10:00 Art/WordSearch/CrosswordPuzzle 10:30 BibleStudy/Cust.ChoiceActiveGm./ TTGames/Clavinova <b>LUNCH @ 11:30 and SNACK @ 1:45</b> 12:30 <b>MEMORY MAKERS</b> Alternative Activity 2:00 PM STRETCH, MUSIC & TRIVIA (PeoplePlacesHistoryMusicArts&Culture)	9:30 Trivia 9:45 Morning Stretch 10:00 Art/WordSearch/CrosswordPuzzle 10:30 Customers'ChoiceActiveGame/ RdngNook/TTGames/Clavinova <b>LUNCH @ 11:30 and SNACK @ 1:45</b> 12:30 <b>THE LONE ARRANGER</b> Alternate Activity 2:00 PM STRETCH, MUSIC & TRIVIA (PeoplePlacesHistoryMusicArts&Culture)	9:30 Trivia 9:45 Morning Stretch 10:00 Art/WordSearch/CrosswordPuzzle 10:30 <b>BibleStudy w/ Chaplain Chuck</b> Cust.ChoiceActiveGame TTGames/Clavinova <b>LUNCH @ 11:30 and SNACK @ 1:45</b> 12:45 <b>SHERRY &amp; CINDY</b> Alternative Activity 2:00 PM STRETCH, MUSIC & TRIVIA (PeoplePlacesHistoryMusicArts&Culture)	9:30 Trivia 9:45 Morning Stretch 10:00 <b>OSU Nutrition Teaching</b> 10:30 Cust.ChoiceActiveGame/ TTGames/Clavinova <b>LUNCH @ 11:30 and SNACK @ 1:45</b> 12:45 <b>BDAYS w/ Ms. ANNIE</b> 2:00 PM STRETCH, MUSIC & TRIVIA (PeoplePlacesHistoryMusicArts&Culture)
13	14	15	16	17
9:30 Trivia 9:45 Morning Stretch 10:00 Art/WordSearch/CrosswordPuzzle 10:30 Customers'ChoiceActiveGame RdngNook/TTGames/Clavinova <b>LUNCH @ 11:30 and SNACK @ 1:45</b> 12:30 <b>THE WANNABES</b> 2:00 PM STRETCH, MUSIC & TRIVIA (PeoplePlacesHistoryMusicArts&Culture)	9:30 Trivia 9:45 Morning Stretch 10:00 Art/WordSearch/CrosswordPuzzle 10:30 BibleStudy/Cust.ChoiceActiveGm./ Clavinova/TTGames <b>LUNCH @ 11:30 and SNACK @ 1:45</b> 12:30 <b>TIM SILER</b> Alternative Activity 2:00 PM STRETCH, MUSIC & TRIVIA (PeoplePlacesHistoryMusicArts&Culture)	9:30 Trivia 9:45 Morning Stretch 10:00 Art/WordSearch/CrosswordPuzzle 10:30 Customers'ChoiceActiveGame/ RdngNook/TTGames/Clavinova <b>LUNCH @ 11:30 and SNACK @ 1:45</b> 12:45 <b>TOM SUTTON</b> Alternative Activity 2:00 PM STRETCH, MUSIC & TRIVIA (PeoplePlacesHistoryMusicArts&Culture)	9:30 Trivia 9:45 Morning Stretch 10:00 Art/WordSearch/CrosswordPuzzle 10:30 BibleStudy/Cust.ChoiceActiveGame TTGames/Clavinova <b>LUNCH @ 11:30 and SNACK @ 1:45</b> 12:45 <b>JERRY STANLEY</b> Alternative Activity 2:00 PM STRETCH, MUSIC & TRIVIA (PeoplePlacesHistoryMusicArts&Culture)	9:30 Trivia 9:45 Morning Stretch 10:00 <b>OSU Nutrition Teaching</b> 10:30 Cust.ChoiceActiveGame Clavinova/TTGames <b>LUNCH @ 11:30 and SNACK @ 1:45</b> 12:45 <b>JIM THE GUITARMAN</b> Alternative Activity 2:00 PM STRETCH, MUSIC & TRIVIA (PeoplePlacesHistoryMusicArts&Culture)
 <p>is joining ADS for morning dailies. 9:30-11:15 A.M.</p>				



## Welcome Center October 2025 Activity Calendar

<p style="text-align: right;"><b>20</b></p> <p>9:30 Trivia 9:45 Morning Stretch 10:00 Art/WordSearch/CrosswordPuzzle 10:30 Customers'ChoiceActiveGame RdngNook/TTGames/Clavinova <b>LUNCH @ 11:30 and SNACK @ 1:45</b> 12:45 <b>JOCHEBED GROUP</b> Alternative Activity 2:00 PM STRETCH, MUSIC &amp; TRIVIA (PeoplePlacesHistoryMusicArts&amp;Culture)</p>	<p style="text-align: right;"><b>21</b></p> <p>9:30 Trivia 9:45 Morning Stretch 10:00 Art/WordSearch/CrosswordPuzzle 10:30 BibleStudy/Cust.ChoiceActiveGm./Clavinova/TTGames 11:30 Lunch <b>LUNCH @ 11:30 and SNACK @ 1:45</b> 12:45 <b>THE LONE ARRANGER</b> Alternative Activity 2:00 PM STRETCH, MUSIC &amp; TRIVIA (PeoplePlacesHistoryMusicArts&amp;Culture)</p>	<p style="text-align: right;"><b>22</b></p> <p>9:30 Trivia 9:45 Morning Stretch 10:00 Art/WordSearch/CrosswordPuzzle 10:30 Customers'ChoiceActiveGame RdngNook/TTGames/Clavinova <b>LUNCH @ 11:30 and SNACK @ 1:45</b> 12:45 <b>MEMORY MAKERS</b> Alternative Activity 2:00 PM STRETCH, MUSIC &amp; TRIVIA (PeoplePlacesHistoryMusicArts&amp;Culture)</p>	<p style="text-align: right;"><b>23</b></p> <p><b>Sweater Weather Get Together Trip</b> 9:30 Trivia 9:45 Morning Stretch 10:00 Art/WordSearch/CrosswordPuzzle 10:30 <b>BibleStudy w/ Chaplain Chuck</b> Cust.ChoiceActiveGame TTGames/Clavinova <b>LUNCH @ 11:30 and SNACK @ 1:45</b> 12:45 <b>DAVE HUBERT</b> Alternative Activity 2:00 PM STRETCH, MUSIC &amp; TRIVIA (PeoplePlacesHistoryMusicArts&amp;Culture)</p>	<p style="text-align: right;"><b>24</b></p> <p>9:30 Trivia 9:45 Morning Stretch 10:00 <b>Williamsburg Fire Department</b> <b>w/Chief Jason McCarthy</b> <b>Lt. Aaron Adams</b> 10:30 Cust.ChoiceActiveGame Clavinova/TTGames <b>LUNCH @ 11:30 and SNACK @ 1:45</b> 12:45 <b>CHUCK &amp; CHARLIE</b> Alternative Activity 2:00 PM STRETCH, MUSIC &amp; TRIVIA (PeoplePlacesHistoryMusicArts&amp;Culture)</p>
<p style="text-align: right;"><b>27</b></p> <p>9:30 Trivia 9:45 Morning Stretch 10:00 Art/WordSearch/CrosswordPuzzle 10:30 Customers'ChoiceActiveGame/ RdngNook/TTGame/Clavinova <b>LUNCH @ 11:30 and SNACK @ 1:45</b> 12:30 <b>MOVIE DAY</b> <b>MOVIE MEMORY GAME</b> Alternative Activity 2:00 PM STRETCH, MUSIC &amp; TRIVIA (PeoplePlacesHistoryMusicArts&amp;Culture)</p>	<p style="text-align: right;"><b>28</b></p> <p>9:30 Trivia 9:45 Morning Stretch 10:00 Art/WordSearch/CrosswordPuzzle 10:30 BibleStudy/Cust.ChoiceActiveGm./Clavinova/TTGames 11:30 Lunch <b>LUNCH @ 11:30 and SNACK @ 1:45</b> 12:45 <b>LITERARY CLUB</b> Alternative Activity 2:00 PM STRETCH, MUSIC &amp; TRIVIA (PeoplePlacesHistoryMusicArts&amp;Culture)</p>	<p style="text-align: right;"><b>29</b></p> <p>9:30 Trivia 9:45 Morning Stretch 10:00 Art/WordSearch/CrosswordPuzzle 10:30 Customers'ChoiceActiveGame RdngNook/TTGames/Clavinova <b>LUNCH @ 11:30 and SNACK @ 1:45</b> 12:45 <b>KINNER EXPRESS</b> Alternative Activity 2:00 PM STRETCH, MUSIC &amp; TRIVIA (PeoplePlacesHistoryMusicArts&amp;Culture)</p>	<p style="text-align: right;"><b>30</b></p> <p>9:30 Trivia 9:45 Morning Stretch 10:00 Art/WordSearch/CrosswordPuzzle 10:30 <b>DREAMWEAVERS</b> BibleStudy/Cust.ChoiceActiveGame TTGames/Clavinova <b>LUNCH @ 11:30 and SNACK @ 1:45</b> 12:45 <b>SANDY &amp; GARRY DUET</b> Alternative Activity 2:00 PM STRETCH, MUSIC &amp; TRIVIA (PeoplePlacesHistoryMusicArts&amp;Culture)</p>	<p style="text-align: right;"><b>31</b></p> <p>9:30 Trivia 9:45 Morning Stretch 10:00 <b>OSU Nutrition Teaching</b> 10:30 Cust.ChoiceActiveGame Clavinova/TTGames <b>LUNCH @ 11:30 and SNACK @ 1:45</b> 12:45 <b>FALL FESTIVAL &amp; OKTOBER'S RUNWAY @ ADS</b> with:  Alternative Activity 2:00 PM STRETCH, MUSIC &amp; TRIVIA (PeoplePlacesHistoryMusicArts&amp;Culture)</p>

### OUR ACTIVE GAMES INCLUDE (NOT LIMITED TO)

Bowling, Chair Volleyball, Golf, Noodleball, Horseshoes, Corn Hole, Floor Target, Toss Games, Basketball, The Pond, Target Shoot (Nerf), Chair Baseball, Toss4Game, Soccer Kick, SwatABalloon, etc.  
(and themed special games for Special Occasions)

Thank you, ADS Friends!



**Regular Activities offered include:** Cultural Programs, Fine Arts programs, Clavinova Music Therapy Sessions, Cards, Puzzles, Board Games, Half-hour TV Shows, AM & PM Stretches, and Patio Time.

**Overhead Screen Games includes:** Crossword Puzzles, Picture Puzzles, Concentration (Memory Game), Word Games, Trivia Questions, The Price Is Right, etc.

Some activities vary each day.

**Each Day:** Coffee and Social Hour from 8:30 a.m. – 9:30 a.m.

**COMMUNITY OUTINGS.**

**ALTERNATIVE ACTIVITY:** *Offered Daily from:* 12:45 - 2:00 P.M.  
Wii GAME, Music, Table Top Games, etc.

**TriviaInMotion** may include the following: **Cooking&Nutrition&MenuReview,** **PeoplePlacesHistoryCulture,** **AnimalsWildlife&Nature,** **CurrentEvents.**

*This institution is an equal opportunity provider and employer.*