

# Lifelong Learning

## NEWSLETTER

September & October, 2025

**Union Twp. Center**  
4350 Aicholtz Rd.  
Cincinnati, OH 45245  
513-947-0617



**Miami Twp. Center**  
6101 Meijer Dr.  
Milford, OH 45150  
513-248-4345

*Sign up to be a*

# VIP

*at our Lifelong Learning Centers!*

*It's time for our annual  
VIP Membership Dues for  
our Lifelong Learning  
Department. Join now!*

### **What does the VIP Membership include?**

- Receive a goodie bag upon sign-up
- Get discounts for themed parties throughout the year

*Thank you for your support!*

### **Clermont County Residents**

**\$12**

### **Out of County Residents**

**\$30**





# make a SCARECROW!

Create an adorable scarecrow using a glass block, string of lights, a variety of fall embellishments such as raffia, fall flowers, burlap or fall ribbon to dress it up.

This cute scarecrow will brighten any room to bring a smile to your face!



Monday, September 15th  
1:00pm

Union TWP. Center  
\$12.00

RSVP required  
513-947-0617

CLERMONT  
SENIOR SERVICES  
service with heart



# TECH SQUAD

MILFORD HIGH SCHOOL

Expand your knowledge & outreach with friends and family by attending tech classes sponsored by The Media Specialist from Milford High School. The tech squad will start with a short presentation followed by individual time for those that need one-on-one help. You are encouraged to bring your smart phones, tablet, etc. to the class! Come with questions and be prepared to learn how to get the most from your devices.



## MIAMI TWP. CENTER

6101 Meijer Dr. Milford, OH 45150

September 16, 9:00AM-11:00AM

October 14, 9:00AM - 11:00AM

## UNION TWP. CENTER

4350 Aicholtz Rd. Cincinnati, OH 45245

October 21, 11:00AM - 1:00PM



# Miami Township Health & Wellness Series:

## FALLING & FALL PREVENTION

September 2<sup>nd</sup> • 10:30am

Miami TWP. Center

**Join us as we discuss factors which lead to fall and measures to prevent falls.**



## LOW MAGNESIUM LEVELS

October 7<sup>th</sup> • 10:30am

Miami TWP. Center



**Magnesium deficiency (hypomagnesemia) is a condition in which there is a decreased amount of magnesium in the body. The mineral is necessary for bones, muscles, and metabolic functions. Let's learn more about it together in this informative session!**





# Learn to *Tap Dance*

Have you ever thought about learning to Tap Dance? If so, Join us for an Open House at our Miami TWP. Lifelong Learning Center.

**Sept 17th • 2pm**

**Beginner friendly classes  
First 2 classes free for new members!**







make a

# BRACELET

Monday, October 20<sup>th</sup>

1:00pm • Union TWP. Center

Join Laura as she guides you through making a beautiful bracelet like the ones in the photo on the left. All supplies are included. Sit back, relax, and make something beautiful for yourself or a loved one!

\$10.00

RSVP required

513-947-0617

CLERMONT  
SENIOR SERVICES  
*service with heart*





## GRIEF 101 – CARING FOR YOURSELF AND OTHERS AFTER LOSS

This workshop is designed to provide individuals with the knowledge, tools, and support needed to navigate the grieving process—both for themselves and for those they care about. Participants will explore the emotional, physical, and psychological effects of grief. This program will also offer insight into how to support others who are grieving, fostering empathy and connection in times of loss.



THURSDAY, SEPT. 18, 2025



11:00–12:30PM



Miami Township Civic Center  
6101 Meijer Dr. Milford, Ohio 45150

This program is open to the community at no cost to participants.

**Registration is requested**  
513-248-4345



**GOLDSTEIN FAMILY  
GRIEF CENTER**

PROMOTING HEALING FOR LIFE AFTER LOSS



513-724-1255



facebook.com/clermontseniorservices



# DRIVE SMART



*How to Stay Safe and Save Money*

**THURSDAY, OCTOBER 23 • 9AM – 2PM**  
**UNION TOWNSHIP CIVIC CENTER**

Participants are awarded a certificate of attendance for drivers 50 and older. Please check with your insurance company for possible discounts. You must call ahead to sign up for the class.

**513-947-0617**

You will need to pay the instructor upon arrival.

**AARP member: \$20.00 • Non-Member: \$25.00**



*Since 1979, AARP Driver Safety has met the needs of older drivers through educational programs. The AARP Driver Safety course has continued to evolve with the times. The roads have changed, cars and the technology inside them have changed, even the people behind the wheel have changed. As drivers, if we don't keep up with those changes, we put others or even ourselves at risk.*

## Things Still Go **BUMP** in the Night

An Interactive and Multi-Media Event about Ghosts

**Tuesday, October 28<sup>th</sup> \* 10:00am**

Miami TVP Center \* RSVP 513-248-4345

Dr. Randy Overbeck, author and educator, will be presenting "Things Still Go Bump in the Night," an interactive and multi-media event. He will discuss the role ghosts play in our culture and religion. You won't believe your eyes— or maybe you will!





JOIN US FOR A...

# Halloween Party

NO TRICKS - ONLY TREATS



Join us for a spooktacular Halloween Party! Dress up in your best costume and enjoy guessing who or what your friends are. We will enjoy a monster mash luncheon of gross and creepy eats with a ghoulish graveyard punch! We will play spooky games too, so don't miss the fun!

**RSUP 513-248-4345**

CLERMONT  
SENIOR SERVICES  
*service with heart*

OCT  
**31**

**MIAMI TOWNSHIP CENTER**

**11:00AM-1:00PM**

**\$3**

 **513-724-1255**



[facebook.com/clermontseniorservices](https://facebook.com/clermontseniorservices)

# UNION TWP. WEEKLY ACTIVITIES

<b>Mondays</b>	9:00 Euchre/Cards, 9:30 Chair Yoga via Zoom, 10:30 Watercolor Art Class, 11:00 Cards, 12:30 beginner line dance w/ Ruby
<b>Tuesdays</b>	8:00 & 9:00 Strength & Balance, 10:00 Tai Chi, 11:00 Mahjongg
<b>Wednesdays</b>	9:00 Basketball, 10:00 Crochet Class, Chair Volleyball, and Walking, 12:30 Creative Quilters
<b>Thursdays</b>	8:00 & 9:00 Strength & Balance, 10:00 Tai Chi, 11:00 Rummikub, 1:00 Intermediate Line Dance with Phyllis
<b>Fridays</b>	9:00 Basketball and Pinochle, 10:30 Fitness Friday, 12:00 Bridge (registration required for bridge)

# MIAMI TWP. WEEKLY ACTIVITIES

<b>Mondays</b>	9:00 Billiards & Cards, 12:30 Bridge (registration required)
<b>Tuesdays</b>	9:00 Billiards, Chair Volleyball, and Pinochle, 9:30 Gathering & Games, 11:15 Lunch, 12:00 Bingo
<b>Wednesdays</b>	9:00 Billiards, Cards, & Euchre, 1:00 Line Dance with Ruby (\$6), 2:15 Tap Dance with Donna (\$6, 1 <sup>st</sup> and 3 <sup>rd</sup> weeks only)
<b>Thursdays</b>	9:00 Billiards, Chair Volleyball, and Pinochle, 11:00 Cornhole, 2:30 Ping Pong
<b>Fridays</b>	9:00 Billiards, 9:30 Gathering & Games, 10:00 Chair Exercise, 11:15 Lunch, 12:00 Bingo

**Schedules may change without notice, some classes require registration and/or fees**