

A program of Clermont Senior Services

Lifelong Learning

Fall/Winter

Fine Arts & Crafts

Education

Health & Recreation

Special Events

Trips

Lifelong Learning Activities Sept thru Dec 2015

Center Locations

Bethel Woods Center

734-4340 (Monday thru Thursday)

Bethel Woods

610 Easter Road (Transportation provided on Tues & Wed)

Bethel, Ohio 45106

Miami Township Center (Milford Area)

248-4345 (Monday thru Friday)

Miami Township Civic Center

6101 Meijer Drive (Transportation provided on Tues & Friday)

Milford, Ohio 45150

Union Township Center (Eastgate Area)

947-7333 (Monday thru Friday)

Union Township Civic Center

4350 Aicholtz Road

Cincinnati, Ohio 45245

Note: Union Township is the Administrative Office for all centers.

VIP MEMBERSHIP

Everyone age 55 and over is eligible for VIP membership at the following rates:

Clermont County residents: \$12 per year

Out-of-county residents: \$30 per year

Members receive discounts for many trips, classes and activities. If you would like to become a VIP member, please indicate it on the registration form.

Memberships run from **September 1** through August 31, and are full price any time of the year. Dues are not prorated.

NOTE:

- A variety of activities are offered for free. No membership is necessary for these programs.
- Presentation of programs does not constitute endorsement by Clermont Senior Services.

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FINE ARTS & CRAFTS

Paint on Canvas

Let's Paint! Participants will complete an 8 x 10 acrylic painting each class. All supplies will be provided. Come ready to have fun painting. Beginners are welcome. Limit 10 participants. Registration required.

2nd Monday of each month - Bethel Woods
 10:00 a.m. - 12:00 p.m. VIP \$10 Guest \$15

September 14th - Covered Bridge
 October 5th - Gristmill on Lake (**1st Monday @ 1:30**)
 November 9th - Cornucopia
 December 14th - Winter/Christmas Scene



East Fork Woodcarvers Club

The East Fork Woodcarvers Club is dedicated to preserving this craft. Each month, they gather to teach, show, and learn more about this ancient art form. Anyone interested in carving or whittling a small project is invited to join them. Instruction is free; catalogs to purchase tools are available.

2nd & 4th Monday of each month - Union Township
 6:00 p.m. - 9:00 p.m.

East Fork Woodcarvers Annual Membership \$12



FINE ARTS & CRAFTS

UNION TOWNSHIP ART CLASSES

Professional artist, Mary Helen Wallace, shares years of experience with her students, using a variety of mediums and styles. Please call Mary Helen at 513-791-8658 for supply list and registration. Beginners are welcome.

Watercolor Painting Class

Express yourself artistically through watercolors in this 10-week painting class.

Mondays (10 weeks) - Union Township
1:00 p.m. - 3:00 p.m. VIP \$90 Guest \$100



Creative Drawing Class

Learn creative drawing through various mediums in a 10-week class.

Tuesdays - (10-weeks) - Union Township
9:30 a.m. - 11:30 a.m. VIP \$90 Guest \$100

Landscape Drawing Class

Participants choose their medium - pastel or watercolor - and learn the fundamental development of landscape painting, drawing.

Wednesdays - (10-weeks) - Union Township
1:00 p.m. - 3:00 p.m. VIP \$90 Guest \$100

MIAMI TOWNSHIP ART CLASSES—NEW INSTRUCTOR

Welcome to artist Diana Marra specializing in Color Theory, Beginning Watercolor, Asian painting and Zentangle. She's won awards with her art work and has been published in International Contemporary Artist.

Watercolor Painting Class

Beginning this fall, the class will focus on step-by-step watercolor paintings, beginning with a value-sketch. Come join the fun during the 6-week ongoing sessions. **Class starts September 14th.**

Class is limited to 10.

Mondays - Miami Township
2:00 p.m. - 3:30 p.m. VIP \$54 Guest \$60

FINE ARTS & CRAFTS

Creative Quilters

Wanted - Fabricologists! Gather each week to enjoy and learn from fellow quilters. Bring your own project or choose to complete something from a class. Special guest instructors will be scheduled. Dates for classes to be announced. A free hand long arm will be made available by appointment only.

Wednesdays - Union Township
1:00 p.m. - 3:30 p.m. Free

1st Thursday of each month - Union Township
9:00 a.m. - 3:00 p.m. Free

2nd & 4th Monday of each month - Union Township
6:00 p.m. - 9:00 p.m. Free



Crochet

Create fabric from yarn...gathering each week to enjoy and learn the art of crochet. Bring your own project or get great ideas from others. Pat is an excellent teacher and is available for questions.

Wednesdays - Union Township
10:00 a.m. - 12:00 p.m. Free



Miami Choral Group

Can you carry a tune? Do you love to sing in a group? Would you like to join others in your Miami Township Community indulging in this activity once a month?

Come and join the Miami Choral Group at the Miami Township Center. You don't have to have a great voice, but enjoy working on and singing a variety of music. It will be fun to spend the time with others who enjoy the art of singing and music.

The group will meet on the first Thursday of each month beginning October 1st from 2:30 p.m. to 3:30 p.m.

Get in on the ground floor of something new and become a founding member! Please call Lori at Miami Township, 248-4345 and join.

1st Thursday of each month - Miami Township
2:30 p.m. - 3:30 p.m.



FINE ARTS & CRAFTS

Backyard Photography

Learn to capture outstanding artistic photographs in your backyard and neighborhood using your digital camera.

Topics to be covered in the **four - week class** will include familiarization with your digital camera, camera controls, obtaining the best image, getting your images onto your computer and getting prints of your images.

The instructor, Jack Sawyer is a local photographic artist who has been involved in photography for over thirty years. His work has been shown in juried art shows in Milford, Loveland, Wyoming and Hyde Park. You can see his work on display at One Main Gallery in downtown Milford, and Bite restaurant in Miami Township and on his website, www.flashbulbjack.com.

Bring your digital camera and the user's manual and be prepared to enter the fascinating world of creative digital photography.



Tuesday - September 8th - September 29th - Miami Township
10:00 a.m. - 12:00 p.m. VIP \$34 Guest \$42

Thursday - September 10th - October 1st - Union Township
10:00 a.m. - 12:00 p.m. VIP \$34 Guest \$42

Pine Needle Basket

Pine needle basket making is an ancient art form. The baskets were made for utilitarian use, however yours will be an art form.

Instructors Nancy Withers and June Ladwick will teach this class. These baskets are not woven, they are made with a coil and sewn with needle and thread. In this class you will learn how to use a gauge to form the coils and how and where to place the needles to secure the coil. The class is limited, so **register before September 1st.**

Please bring small scissors and a thimble from home. All basket materials will be provided. Please bring a brown bag lunch and a curiosity to learn.

Tuesday - September 15th - Union Township
9:00 a.m. - 4:00 p.m. VIP \$45 Guest \$50



FINE ARTS & CRAFTS

Primitive Rug Hooking

Instructor Nancy Withers will teach the proper techniques of rug hooking and how to begin your project. We will work with 100% wool and use burlap for your first project, it's the best to learn with and less expensive. You will make a 8" project of your choice. It could be a mug rug, a mat for hot dishes, a picture to frame or anything your imagination can think of.

Call to register by October 1st. Please bring small scissors and a 12" embroidery hoop. All other supplies included. Bring a snack or brown bag lunch. You won't want to leave until your project is finished.



Tuesday - October 13th - Union Township
9:00 p.m. - 4:00 p.m. VIP \$35 Guest \$40

Pumpkin Floral Arrangement

Have fun arranging a festive Fall table decoration with the help of Donna Stamper, owner/designer of Jay's Florist. She'll lead us step-by-step and always brings the freshest floral and greenery of the season. Its fun to make and take home to enjoy.



Monday - October 19th - Union Township
1:00 p.m. - 3:00 p.m. VIP \$20 Guest \$25

Basket weaving

Learn a craft, while having fun making your own basket. Its useful and decorative at the same time. Basket weaver, Georgeann Bates instructs students in the art of basket weaving. We will be making a magazine basket! Class is limited, **please register before October 1st at 947-7333.**



Friday - October 16th - Union Township
9:00 a.m. - 3:00 p.m. VIP \$40 Guest \$45

FINE ARTS & CRAFTS

Snowman Basket

Everyone loves making this popular basket. Make one for yourself or make as a gift for someone special. Instructors Mary Davidson and Sue VanHuss will be leading an *intermediate* level basket weaving class. Impress your friends and family by weaving this adorable Holiday Snowman basket. This basket is just too cute to put away. You'll want to display him all winter long. All materials and a light lunch will be provided.

Thursday - Nov 12th - Miami Township
9:00 p.m. - 4:00 p.m. VIP \$29 Guest \$34



Christmas Wreath

Decorate your entry way with a beautiful Christmas wreath. Adorn your 18" artificial evergreen wreath with silk holiday florals and bows.

Wednesday - November 18th - Bethel Woods
10:00 a.m. VIP \$6 Guest \$8

Handmade Greeting Cards

Maxine and Lorraine share new and creative ideas for card making. Enjoy creating and sending two holiday cards, Fall/Thanksgiving and Christmas and make that special someone smile. All supplies are provided.

Friday - Nov 20th - Miami Township
10:00 a.m. VIP \$3 Guest \$5

Christmas Centerpiece Arrangement

Make festive, your holiday table with a beautiful candle centerpiece adorned with Christmas florals and greenery. Donna Stamper, owner/designer of Jay's Florist, leads participants step by step through basic floral arranging techniques.

Monday - December 7th - Union Township
1:00 p.m. VIP \$25 Guest \$30



HEALTH & WELLNESS



Healthy U - Self-Management Program for Chronic conditions & Diabetes

Are you struggling with a health condition? The HEALTHY U Chronic Disease Self Management Program is proven to improve quality of life and save money by reducing health care expenses. It's FREE to adults of any age with any on-going health condition and/or their caregivers. Help yourself regain control of your life and do the things that matter to you. Small groups meet weekly for **6 weeks** and learn ways to solve problems related to common health conditions.

HEALTHY U was developed at Stanford University and has helped hundreds of thousands of people improve their health and quality of life over the past thirty years. Studies have shown that the program results in significant, measurable improvements in movement, symptoms, depression, fatigue, disability, and activity limitations.

As one class member said, "The course exposed me to new ways of thinking about myself and the medical problems that affected my life. It gave me new strategies for keeping depression and pain at bay, ways to relax my mind and body, and eye-opening ideas about exercise that I could do. Through weekly action plans I began to feel successful, seeing in a positive light those things about which I had been hopeless before. Instead of trying to fight/cure my chronic illnesses, I now realize that I can do things to live better with them."

Chronic Conditions - Self - Management

Mondays - Begins October 26th - Union Township

1:00 p.m. - 3:30 p.m.

Free Class

All participants receive the book, "Living a Healthy Life with Chronic Conditions". **For more information or to register call 947-7333.**

HEALTH & WELLNESS

SilverSneakers FLEX, Fitness Programs

The award-winning SilverSneakers Fitness Program for older adults recently launched its newest fitness enhancement SilverSneakers FLEX. It's designed to promote exercise at venues outside of the fitness center, with instructor-led activities in community areas and senior centers. SilverSneakers FLEX was created to provide members with more location options and fitness content to meet their needs. SilverSneakers FLEX activities are led by certified fitness instructors who establish their own classes such as Strength & Balance, Yoga Stretch and Zumba Gold. For more information, visit my.silversneakers.com.



Free for SilverSneakers members, class fees vary for all others.

Strength & Balance

Participants use tension bands, light weights and small balls to improve mobility, strength and balance. Instructor Judy Barnes is a certified ACE Senior Fitness Specialist. SilverSneakers Free.

Mondays & Thursdays - Union Township
9:00 a.m. - 10:00 a.m. VIP \$5 Guest \$7

Yoga Stretch

Participants are led through a series of seated and/or standing yoga poses. Yoga improves strength, balance, posture and range of motion. Restorative breathing exercises and the final relaxation will promote stress reduction and mental clarity. SilverSneakers Free.

Fridays - Union Township
9:00 a.m. - 10:00 a.m. VIP \$5 Guest \$7

Arthritis Exercise

Judy Squire, an Arthritis Foundation Certified instructor leads participants through a 45 minute workout designed to keep joints and muscles moving to improve mobility, and relieve pain and stiffness of arthritis. Can be done sitting or standing.

1st & 3rd Tuesday of each month - Bethel Woods
2nd & 4th Wednesday of each month - Bethel Woods
9:45 a.m. - 10:30 a.m. Cost: Free

HEALTH & WELLNESS



Zumba Gold

When participants see a Zumba class in action, they can't wait to give it a try. Zumba classes feature exotic rhythm set to high energy Latin and international beats. Before participants know it, they're getting fit and their energy levels are soaring! There's no other fitness class like a Zumba Fitness Party. It's easy to do, effective and totally exhilarating, often building a deep-rooted community among returning students. For more information contact Kimberley Coniglio at 513-240-5180.

Come join us, there's no cost to SilverSneakers Fitness Program members.

Tuesdays

2:30 p.m. - 3:30 p.m.

Cost \$5

Tai Chi For Arthritis and Fall Prevention

Lori Malpass, Certified staff instructor through the Arthritis Foundation will lead students in the core movements of the Sun style of Tai Chi. Movements are easy to learn, effective and safe. It increases flexibility, muscle strength and mental activity, aligns posture, improves balance and integrates the mind and body. Clinical and research studies show Tai Chi to be a safe and beneficial program for anyone with arthritis. The CDC endorses and recommends this type of exercise in their Fall Prevention programs. Register now for this **5 week program, beginning September 17th.**



For questions, please call Lori at 248-4345

Thursdays - Starts September 17th - Miami Township

11:00 a.m. - 12:00 p.m.

VIP \$24 Guest \$32

Thursdays - Starts September 17th - Union Township

3:00 a.m. - 4:00 p.m.

VIP \$24 Guest \$32

HEALTH & WELLNESS

“Stay Well” / Wellness Tips

Join Glenda Huff, RN with Southwest Regional Health Care as she discusses various “Stay Well” topics. Check out the topics below and come prepared to ask questions related to your concerns.

Refreshments provided.

Allergies/Asthma

Wednesday - Sept 16th - Bethel Woods

12:00 noon Free

Early Onset Dementia

Wednesday - Nov 18th - Bethel Woods

12:00 noon Free

Breast Cancer Awareness

Tuesday - October 20th - Bethel Woods

12:00 noon Free

Winter Emergency Prep

Tuesday - Dec 15th - Bethel Woods

12:00 noon Free

Simplify Your Life: Living Fuller With Less

If you are looking to reduce your “clutter”, this is a fast-paced and fun program that will help you get a jump start for the new season! It’s packed with easy steps to remove obstacles that prevent you from making changes in your life as well as ways to truly accomplish your goals. It’s a fun program for individuals that are looking to make the most out of each and every day!

Linda Saunders, from the Montgomery Care Center presents this program. Light refreshments will be served.

Tuesday - September 15th - Miami Township

10:00 a.m. Free

What’s all the “Buzz”



Charlie and Mary Pratt, long-time beekeepers extraordinaire, enlighten the audience on the health benefits of local honey. Mary will have samples (without the bees please!) and homemade goodies to share.

Tuesday - Oct 20th - Bethel Woods

12:00 noon Free

EDUCATION

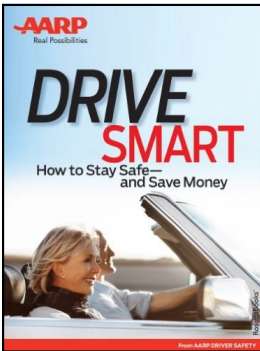
“Tuesdays @ MT” Book Club

Expand your reading horizons! Selected books from a variety of genres are read, many from the Milford Library. Be part of an exciting group that meets monthly, uses prepared questions and encourages group discussion. Check it out!

Tuesday - September 8th - Miami Township
Tuesday - October 13th - Miami Township
Tuesday - November 10th - Miami Township
Tuesday - December 8th - Miami Township
2:00 p.m. - 3:30 p.m. Free



Smart Drive Course - AARP



Since 1979, AARP Driver Safety has met the needs of older drivers through educational programs led by more than 4,000 volunteers and a myriad of resources; however, they aren't the same programs and resources that were available nearly 35 years ago. AARP Driver Safety has continued to evolve with the times and, as of January 1, 2014, AARP Driver Safety has launched the new and improved AARP Smart Driver Course.

Why a new course?

A lot has changed since many American drivers first got their driver's license. The roads have changed. Cars and the technology inside them have changed. Even the people behind the wheel have changed. As drivers, if we don't keep up with those changes we put others or even ourselves at risk.

Participants are awarded a certificate of attendance for drivers 50 and older. Please check with your insurance company for possible discounts. Refreshments are served. Lunch is on your own.

Thursday - October 22nd - Miami Township
10:00 a.m. - 3:00 p.m. (break for 1 hr. lunch) Cost: \$15 (pay instructor)

Friday - November 6th - Union Township
10:00 a.m. - 3:00 p.m. (break for 1 hr. lunch) Cost: \$15 (pay instructor)

RECREATION

Line Dancing

Line dancing is an excellent way to become fit and stay fit while learning the latest line dances. No partner necessary.

Tuesdays - Union Township Center
12:30 p.m. - 1:00 p.m. Beginner Line Dance
1:00 p.m. - 2:30 p.m. Intermediate Line Dance
VIP \$4 Guest \$5

Wednesdays - Miami Township Center
1:00 p.m. - 2:00 p.m. Beginner Line Dance
VIP \$4 Guest \$5



Line Dancing - Modern Flare

Enjoy learning the latest dance moves to current music from Phyllis Gregory. Follow others in unison as you focus on footwork until it becomes second nature. It's a work-out that's fun.

Thursdays - Union Township Center
1:00 p.m. - 3:00 p.m. VIP \$4 Guest \$5

Basketball "Open Gym"

Shoot some Hoops! Athletes 55 and older congregate on the court for three hours of fun. A light continental breakfast of Danishes and Juice is provided. Participants must wear athletic shoes, no dark soles please.

Wednesdays & Fridays - Union Township Center
9:00 a.m. - 12:00 p.m. \$1 donation



Billiards

Experienced and novice billiard players are welcome. There are two billiard tables and sticks are provided, but you may bring your own. Meets every Wednesday, and other times as indicated on the calendar. For more information, call 248-4345 or view the center calendar on our website at www.clermontseniors.com.

Wednesdays - Miami Township
9:00 a.m. - 12:00 a.m.



RECREATION

Basic Tap Dancing

Bonnie Schanz has choreographed stage productions and danced professionally. This class is for those that have little or no experience in dance but want to learn tap and have fun! Tap shoes not mandatory; no sneakers please!

Wednesdays - Miami Township
2:30 p.m. - 3:30 p.m. VIP \$4 Guest \$5

Intermediate Tap Dancing

Students have completed basic tap dance.

Fridays - Miami Township
2:30 p.m. - 3:30 p.m. VIP \$4 Guest \$5

Chair Volleyball

This light-hearted version of volleyball is a fun experience you won't want to miss. You'll see the game of volleyball from a different angle. The challenge is to stay seated in your chair. By the way, the game is played with a beach ball!

Wednesdays - Union Township Center
10:00 a.m. - 11:30 a.m. Free

Various Days - Call Miami Township Center
10:00 a.m. - 11:30 a.m. Free

3rd & 4th Tuesday - Bethel Woods
12:00 p.m. - 1:30 p.m. Free

1st & 3rd Mondays - Bethel Woods
12:00 p.m. - 1:30 p.m. Free

Thursdays - Bethel Woods
1:00 p.m. - 2:30 p.m. Free



RECREATION

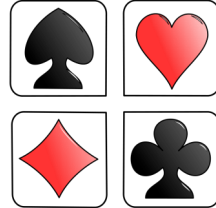
Pinochle

This trick-taking game is played with a 48 card deck. Players score points by trick-taking and also by forming combinations of cards into melds. Each hand is played in three phases: bidding, melds, and tricks. Players use strategy, social skills, card counting and teamwork to master this game. New players are welcome.

Fridays - Union Township
9:00 a.m. - 12:00 noon Free

Thursdays - Miami Township
9:00 a.m. - 12:00 noon Free

Please call, 248-4845 to sign-up.



Bridge Club

Bridge is a card game of chance and skill. Knowledge and experience are required for those wanting to play. Signing-up ahead of time is mandatory in order to organize tables of four.

Please call 248-4345 for more information. New players are welcome!

Mondays - Miami Township
12:30 p.m. - 3:30 p.m. Free

Euchre

This card game is played with a partner. Points are scored after determining a suit and trick-taking. Players use strategy, social skills, card counting and teamwork to master this game. New players are welcome.

1st Monday each Month - Euchre Tournament - Union Township
12:00 p.m.

Mondays - Union Township
9:00 a.m. - 12:00 noon Free

Wednesdays - Miami Township
10:00 a.m. - 12:00 p.m. Free

Euchre and Skip-Bo

These card games are fun to play. New players are welcome!

Wednesdays & Thursdays - Bethel Center
10:00 a.m. Free

SPECIAL EVENTS/PROGRAMS



OSHIIP
Answers to your
Medicare questions

Ohio Senior Health Insurance Information Program

Health care insurance has been changing for years, and 2015 will not be any different. Changes are coming and we need to be educated and updated. This presentation will help you to make an informed decision concerning your health care. OSHIIP will provide free health insurance information related to Medicare. A representative will discuss recent changes in Medicare and how it may affect you.

Please RSVP, call 248-4345 for Miami Township and 947-7333 for Union Township and 734-4340 for Bethel Woods.

Friday - September 25th - Miami Township

10:00 a.m. - 11:00 a.m. Free

Tuesday - October 27th - Union Township (**Two Sessions**)

Afternoon session - 1:00 p.m. Free

Evening session - 6:00 p.m.

Tuesday - October 13th - Bethel Woods

10:00 a.m. - 11:00 a.m. Free

Wednesday - October 14 - Bethel Woods

10:00 a.m. - 11:00 a.m. Free

SPECIAL PROGRAMS/EVENTS

Hoedown at Miami!

Yeehaw! Grab your hat and slide on your boots for this toe tapping event! The chuck wagon will serve finger lickin' shredded chicken in a mild BBQ, rolls/cornbread, sides and dessert. When your bellies are full, the talented Laura Hazelbaker will get you stomping to the train like sounds of her fiddle! Laura is a renowned performer, both nationally and internationally. She's performed at the Grand Ole Opry, Willie Nelson's 4th of July Picnic, Radio City Music Hall in NYC and the Kennedy Center in Washington. Sign up today!



Tuesday - October 6th - Miami Township
11:00 a.m. - 2:00 p.m. VIP \$8 Guest \$12

"It's Spooky!"

Not! The Dreamweaver's Storytelling Troupe from the Clermont Public Library begins the day with a collection of legends and stories to start off your Halloween experience.

Come in your Halloween wear (optional) and get in line for our costume parade. Have fun guessing who or what everyone is! Prizes will be awarded.

Lunch is mildly seasoned chili/spaghetti with toppings of your choice, apple cider and pumpkin pie.



Tuesday - October 27th - Miami Township
10:00 a.m. - 1:00 p.m. VIP \$8 Guest \$12

SPECIAL PROGRAMS/EVENTS

Halloween “No Tricks, Just Treats”

Join us in your Halloween wear and enjoy guessing who or what your friends are. Stay for a Monster Mash luncheon of gross and creepy eats, such as Witches Brew Soup, Franken-furters, and dangerously delicious desserts! Just reading the menu makes the monster in us very hungry! We'll play some spooky games, so don't miss the fun!



Wednesday - October 28th - Bethel Woods
10:00 a.m. - 1:00 p.m. VIP \$3 Guest \$5



Hoedown, Throw down at Bethel Woods

Heehaw! Grab your hat and slide on your boots for this toe tapping event! The chuck wagon will serve up a surprise lunch sure to tickle your innards. After the feed you'll get your fill of good ole time country music from Cowboy Gary McGee.

Wednesday - November 4th - Bethel Woods
11:00 a.m. - 1:00 p.m. VIP \$3 Guest \$5

Holiday Cookies & Bars Exchange

Create a beautiful tray of all types of cookies or bars with only one of your favorite recipes. How you say? You make several dozen (at least 3) of the same cookie, then exchange yours with those attending.

While enjoying some holiday snacks and treats, the Clermont County Public Library will offer a special holiday program.



Thursday - December 17th - Union Township
11:00 a.m. - 1:00 p.m. VIP \$3 Guest \$5

SPECIAL EVENTS/PROGRAMS



New Years @ Noon at Bethel Woods

Pop the cork! Pour the bubbly! Non alcoholic of course! Time to celebrate the New Year coming and watch the balloons drop!

Dine on “good luck” pork and sauerkraut, mashed potatoes, green beans and dessert.



Back by popular demand, entertainers, Raison D’etre, French translation, “Reason to Be” will perform. Violet Rae Webster, Vickie Ellis, and Roberta Schultz are three women who live to sing together. Traditional folk songs, a Capella swing tunes and cowboy anthems

round out this trio’s versatile repertoire, all delivered in their pure Kentucky blend.

Our entertainment will end our celebration with auld langsyne!

Wednesday - December 30th - Bethel Woods
11:00 a.m. - 1:30 p.m. VIP \$4 Guest \$6

SPECIAL EVENTS/PROGRAMS



Celebration of the New Year 2016!

Pop the cork, and pour the bubbly! Non alcoholic of course! Time to celebrate and bring in the New Year, 2016! As in past years, we will gather in the Lovely Miami room for the celebration.

This year's luncheon will be catered by "Taste of the Good Life". The main course will be Five Meat, Five Cheese Lasagna. Sides will include southern style green beans, good life salad/creamy vinaigrette and garlic bread. A decadent dessert will follow the meal.



The afternoon entertainment is none other than the talented Ricky Nye. He's a favorite among the Miami Township center goers and brings a mix of traditional styles, boogie woogie, and New Orleans Jazz.

Tuesday - December 29th - Miami Township
11:00 a.m. - 2:00 p.m. VIP \$12 Guest \$16

DAY TRIPS



Nifty Cincy

Here’s a great, fun little trip right here in town! **At the American Sign Museum you’ll “Take a Walk Down Memory Lane”.** See a half-century of sign history, the fancy gold-leaf glass signs of the early 1900’s, the pre-neon era of light bulb signs, neon’s heyday in the 1930’s—40’s and on to the plastic era of the funky 1950’s. You’ll see sputnik-like signs from the Jetsons period and hand lettered show cards from the Las Vegas days of Frank Sinatra and the Rat Pack. Learn about neon and how it achieves different colors. Ever wondered what happened to some old well known signs around Cincinnati? You may well see them here! Later, we’ll go to Lunken Airport’s Sky Galley restaurant. The old terminal has a beautiful Art Deco design. It’s amazing to think that over the years so many luminaries such as Charles Lindberg and the Beatles have flown in and out of here. Our private room at lunch has large window overlooking the runway and we can watch small aircraft of all types.

This afternoon we’ll take the Mural Tour of Cincinnati. In 2007, Cincinnati began a campaign to create beautifully painted murals in all the city’s 52 Neighborhoods. ArtWorks and their Youth Apprentices and Artists turned bare walls into public masterpieces. They have created 90 public murals in 36 Cincinnati neighborhoods. Our tour takes you to many of these wonderful paintings and you’ll hear the story behind each one we see. What a fun-filled day! Don’t miss it!

Monday - September 21st

Pick-up Points:
Miami Township
Union Township

Depart:
8:45 a.m.
9:15 a.m.

Return:
5:00 p.m.
4:30 p.m.

All - Inclusive Tour Cost: \$84

For Reservations: Call Provident Travel @ 513-763-3080 or 800-989-8900

DAY TRIPS

Lexington Dinner Train

Join us on a terrific new rail excursion by R.J. Corman Dinner Train. Many of you have been with us in Bardstown, KY aboard “My



Old Kentucky Dinner Train.” Now you can enjoy the same beautiful rail cars and excellent food and service while rolling through Kentucky’s scenic horse country. You’ll see places and sites only visible from the rails including some of the most famous horse farms in history. As you pass gently rolling hills, you will see horses running through the fields in the footsteps of past Derby and Triple Crown winners. The lovingly restored 1940’s dining cars are magnificent and along with the delightful meal served en route, you’ll recapture the experience of vintage American railroad dining. Don’t miss it!

Wednesday - October 14th

Pick-up Points:
Miami Township
Union Township

Depart:
8:00 a.m.
8:20 a.m.

Return:
4:50 p.m.
4:30 p.m.

All - Inclusive Tour Cost: \$125



For Reservations: Call Provident Travel @ 513-763-3080 or 800-989-8900

OVERNIGHT TRIPS

Autumn at Lake Barkley State Park Resort—Cadiz, KY

Our spring trip to Lake Barkley was a huge hit and everyone loved it! Our fall trip will be even better with



gorgeous autumn color! Join us as we travel to western Kentucky and see the “Land Between the Lakes National Recreation Area.” Spend two nights in the wonderful lodge at Lake Barkley State Resort. The modern lodge offers newly renovated rooms with private balconies, a terrific indoor pool and fitness center and a lovely restaurant where you’ll have delicious country meals and outstanding views of the lake. You’ll enjoy entertainment and games at the lodge, sightseeing at Land Between the Lakes and an exciting yacht cruise on Lake Barkley and the Cumberland River. Six delicious meals are included. This comfortable and entertaining trip has everything you need for the perfect autumn vacation and it’s a Great Bargain! Don’t miss it!

October 27th - 29th, 2015

All - Inclusive Cost: \$399 - Double Occupancy
\$429 - Single Occupancy
\$379 - Triple/Quad Occupancy

Polar Bears of Churchill Manitoba, Canada

Travel to Manitoba in “Polar Bear Season” when these great white carnivores lumber across the plains toward Hudson Bay to prepare for winter. Get up close to astonishing Arctic life in Churchill: snowy owls, white foxes, a cavorting cub, Inuit sculpture, the beauty of a fire killed log, and the amazing sled dogs. This popular trip immerses you in an amazing experience, featuring custom-made BBC Earth on-tour film vignettes and when the opportunity arises, the use of field equipment. You’ll stay in a cozy lodge where family style meals and locals share stories about the Hudson Bay history. You’ll experience dog sledding, all day excursions on the tundra and more. Your Manitoba experience awaits you!

November 12th - 17th, 2015

All - Inclusive Cost: \$7,485 - Double Occupancy
\$9,245 - Single Occupancy

For Reservations: Call Provident Travel @ 513-763-3080 or 800-989-8900

OVERNIGHT TRIPS

Christmas in Colonial Williamsburg Williamsburg, VA

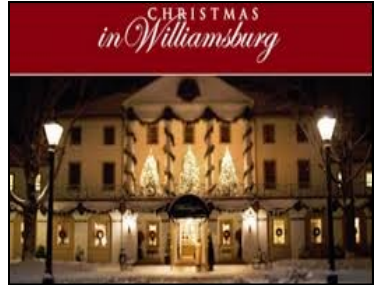
Join us for Yuletide in Colonial Williamsburg and step back in time to celebrate the holiday season in the Revolutionary City! The entire Historical Area is decorated as it would have been in the 18th century and costumed interpreters are re-living the Christmas spirit and traditions of the day. You'll enjoy special tours, attractions and two traditional meals. There's a Yuletide wonderland awaiting you, don't miss it!

December 1st - 4th, 2015

All - Inclusive Cost: \$699 - Double Occupancy

\$889 - Single Occupancy

\$659 - Triple/Quad Occupancy



5-Night Western Caribbean Cruise "Independence of the Seas"



Here's a unique Caribbean itinerary that allows you to sail with one of the world's premier cruise lines and to visit two beautiful and interesting ports of call, all at a terrific price! Royal Caribbean

International is renowned as one of frequent cruise passengers' favorite cruise lines with award-winning service, fine food and some of the most beautiful ships afloat! The *Independence of the Seas* is a marvel of maritime engineering and is packed with all the phenomenal onboard amenities and experiences you would expect from a world class cruise ship. A unique highlight of the ship is the Royal Promenade, a festival boulevard located inside the ship with a ceiling that soars three levels above you! It has shops, dining spots and lounges where you can sip a cool drink and listen to live music. It's your own Main Street USA! You will leave Ft. Lauderdale, FL and cruise to Belize which offers an array of adventures. Then on to Cozumel and its beautiful beaches, botanical gardens and scenic trails. Don't miss the chance to take advantage of this great cruise bargain!

December 5th - 10th, 2015

All - Inclusive Cost: \$ 999 - Interior Stateroom

\$1,249 - Promenade Stateroom

\$1,349 - Ocean View Stateroom

For Reservations: Call Provident Travel @ 513-763-3080 or 800-989-8900

CODE OF CONDUCT

- Participants and staff must conduct themselves in a manner that promotes and contributes to a pleasant and positive atmosphere. Everyone has the right to be treated with courtesy and respect.
- Appropriate language and attitude will be observed at all times. Appropriate hygiene and attire are required.
- Board of health rules are observed for food safety at the centers.
- Participants will refrain from attending a center if they are ill or have been exposed to a contagious illness.
- Participants failing to comply with these guidelines or the Customer Bill of Rights (copies are available at the registration desk) will be subject to a warning and/or suspension from center activities.

**Clermont Senior Services
Programs and Services
(513) 724-1255**

| | |
|---------------------------|---------------------------|
| Adult Day Services | Housing |
| Adult Protective Services | Lifelong Learning Centers |
| Caregiver Support | Meals-on-Wheels |
| Case Management | Transportation |
| Home Care | Volunteer Opportunities |
| Home Repair | |

Clermont Senior Services, Inc.
2085 James E. Sauls Sr. Drive
Batavia, OH 45103
Phone: 513-724-1255
Fax: 513-536-4006
www.clermontseniors.com

Our mission is to improve the quality of life for older adults by providing a broad range of home and community based services, enabling them to remain as active and independent as possible.

REGISTRATION

Name _____ Phone: _____

VIP Member: Yes; No

Class/Trip _____ Date _____ Amt. \$ _____

Center _____

Class/Trip _____ Date _____ Amt. \$ _____

Center _____

(Please fill in date. Some classes and trips are offered more than once.)

I would like to join the VIP Club (55 or older).....Amt. \$ _____

Clermont County residents; \$12.00; out of county residents: \$30.00
(Membership year runs Sept. 1 to Aug. 31. Dues are not prorated.)

Total Amount \$ _____

PAYMENT

Cash/Check payable to CSS Mastercard Visa Discover Amer. Express

Card Number _____ Exp. Date: _____

Signature: _____

Registration must include payment.

Deadline is one week before class or one month before trip unless stated otherwise.


Mail: Clermont Senior Services
 4350 Aicholtz Road
 Cincinnati, OH 45245

Fax: 513-752-4015
Phone: 513-947-7333

I have received or have been offered a copy of the Notice of Privacy, required by HIPAA guidelines, and understand it gives me all information in reference to how my personal information is used by CSS.

Signature _____ Date _____

Received by _____



Lifelong Learning Program

4350 Aicholtz Road
Cincinnati, OH 45245

513-947-7333

www.clermontseniors.com