



Nancy became disabled at age 38. It's been difficult, but now at 62, she receives help from Clermont Senior Services that enables her to continue living independently. But it's not just the service that helps.

Nancy explains, "Ken (meals-on-wheels volunteer) goes the extra mile. He even brings my trash can up from the curb. I can be having a bad day, but when I see Ken coming up the sidewalk, it makes me smile."

Dear Friend:

Nancy is a Registered Nurse by profession. She worked hard as a single mom to provide the best education possible for her daughter at a parochial school. In 1987 she became disabled after three back surgeries, and since then, mobility has been a challenge for her. Nancy has osteoarthritis and uses a cane to get around the house. With a smile, she mockingly comments, "Pain is my best friend."

Nancy's daughter does what she can, but has a special needs child that requires much of her time. Nancy depends on CSS for help, and receives meals-on-wheels and homemaking.

Nancy doesn't get out much, which sometimes gets her a little down. She tries to keep busy. She likes to crochet baby afghans for gifts, and she loves to read mysteries. But watching baseball is her passion. Her dad was quite a fan, and Nancy grew to love the game through him. She loves the Reds, but sometimes is a little disappointed in them and confesses to being a bit of a "fair weather" fan.

Because she cannot leave the house much, visits from Ken and CSS staff are important to her; she refers to them as her "friends." She loves the new Savory Selects meal program, which allows her to choose her meals from a menu. She commented, "It's marvelous to have choices. With Savory Selects I am assured a healthy, tasty meal. It's good food and I know I'm getting a balanced diet. It's a blessing to me. Savory Selects is wonderful!"

Clermont Senior Services continually seeks new ways to provide better service efficiently—Savory Selects is the perfect example of this. Of course, if a customer needs a daily safety check, staff and volunteers continue to deliver a daily meal.

Often families live far away and cannot provide hands-on support for their loved one. A nursing home might be a senior's only option. Sometimes CSS fills the gaps in service that families cannot provide, but for many elderly people we are the *sole support* and *critical lifeline* that keeps them in their own homes. We now serve about 4,500 seniors a year. It's a monumental task, and we cannot do it alone. We depend on volunteers to help provide service, and on donations from people like you. We want to make sure that we are here when the seniors of our communities need us, but the need for service continues to grow. How long will seniors be able to continue living in their own homes? With your help, they can for a long time.

Please take a moment to send a contribution today. Donations can be made by check, through this website, or by calling 513-724-1255.

Thank you for your help!

George Brown
Executive Director

Our mission is to improve the quality of life for older adults by providing a broad range of home and community based services, enabling them to remain as active and independent as possible.