

# March 2010 Clermont Senior Services Menu

**Call 536-4118 if you have questions regarding the menu**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3/1</b>	<b>3/2</b>	<b>3/3</b>	<b>3/4</b>	<b>3/5</b>
<b>Open Face Turkey</b> w/ Gravy Mashed Potatoes Peas And Onions White Bread / Margarine Grape Juice (100%) Chocolate Cake  Diet: same	<b>Turkey Ham &amp; Beans</b> Capri Vegetables Cornbread / Margarine Fruited Jell-O Goldfish Graham Crackers  Diet: same	<b>Baked Chicken w/ Gravy</b> Herb Dressing Broccoli Cauliflower Strawberry Applesauce Wheat Dinner Roll / Margarine  Diet: same	<b>Steak Hoagie</b> w/ Cheese & Onions Tater Nuggets Stewed Tomatoes Bun Fruit Cup  Diet: same	<b>Baked Fish w/ Tartar Sauce</b> Diced Potatoes Vegetable Medley Wheat Bread / Margarine Fruit Cocktail Teddy Grahams  Diet: same
<b>3/8</b>	<b>3/9</b>	<b>3/10</b>	<b>3/11</b>	<b>3/12</b>
<b>Roast Turkey &amp; Gravy</b> Mashed Potatoes Capri Vegetables Dinner Roll / Margarine Cinnamon Applesauce Sponge Cake  Diet: same	<b>BBQ Beef - 9051</b> Peas and Onions Cole Slaw Peach "Cobbler" Bun  Diet: same	<b>Open Faced Turkey w/ Gravy</b> Mashed Potatoes Corn White Bread / Margarine Orange Juice (100%) Pudding  Diet: sugar free pudding	<b>Pork Cutlet w/ Gravy</b> Diced Beets Green Beans Wheat Bread / Margarine Pineapple Tidbits Knottsberry Cookie  Diet: same	<b>Cheese Lasagna</b> w/ Spaghetti Sauce Mozzarella Cheese Italian Vegetables Tossed Salad / Italian Dinner Roll / Margarine Apple Treat  Diet: same
<b>3/15</b>	<b>3/16</b>	<b>3/17</b>	<b>3/18</b>	<b>3/19</b>
<b>Pineapple Ham Steak</b> Sweet Potato Patties (2) Peas Cornbread / Margarine Craisins Sponge Cake  Diet: same	<b>Meatloaf w/ Gravy</b> Mashed Potatoes Carrots Bun Mixed Fruit  Diet: Same	<b>Leprechaun Potato Casserole</b> Blarney Broccoli Wee People Wheat Bread Margarine Emerald Isle Apple Treat Shillelagh Animal Cookies  Diet: same	<b>Spanish Chicken &amp; Rice</b> Stewed Tomatoes Fiesta Vegetables * Texas Toast Plums  Diet: same	<b>Cheese Ravioli w/ Sauce</b> Diced Carrots Green Beans Peas Wheat Dinner Roll / Margarine B'day Cake  Diet: same
<b>3/22</b>	<b>3/23</b>	<b>3/24</b>	<b>3/25</b>	<b>3/26</b>
<b>Grilled Chicken</b> <b>w/ BBQ Sauce</b> Potato Wedges Broccoli with Cheese Pineapple Tidbits Bun  Diet: same	<b>Spaghetti &amp; Meatballs</b> Italian Vegetables Spinach / Vinegar Dinner Roll / Margarine Sliced Peaches Parmesan Cheese  Diet: same	<b>Roast Turkey w/ Gravy</b> Mashed Potatoes Vegetable Medley Grape Juice 100% Dinner Roll / Margarine Angel Food Cake  Diet: same	<b>Swiss Steak</b> w/ Tomatoes, Onions, Peppers O'Brien Potatoes Wheat Dinner Roll / Margarine Peas Graham Crackers  Diet: same	<b>Fish Sandwich</b> <b>w/ Tartar Sauce</b> Vegetable Medley Stewed Tomatoes Strawberry Applesauce Bun  Diet: same
<b>3/29</b>	<b>3/30</b>	<b>3/31</b>		
<b>Roast Pork w/ Gravy</b> Mashed Potatoes Peas Rye Bread / Margarine Strawberry Applesauce Animal Cookies  Diet: same	<b>Italian Chicken</b> Spaghetti Mixed Greens / Vinegar Vegetable Normandy Cranberry Juice Angel Food Cake	<b>Cheeseburger</b> Baked Beans Broccoli Pineapple Tidbits Bun Mustard/Ketchup	This institution is an equal opportunity provider. In discriminating on the basis of race, color, national organ, sex, age, or disability. To file a complaint of discrimination write USDA, Director Office of Civil Rights Room 326-W Whitten Building, 1400 Independence Ave, S.W. Washington, D.C. 20250-9410 or call (202)720-5964 (voice and TDD)	