

Elaine Brown, R.N. Director
 Connie Boone, LPN Coordinator
 Wray Jean Ratliff, Administrative Assistant
 Sharon Brumagem, Activity Leader

ADULT DAY SERVICES

January, 2012 ROOM 3

Program Aides: Alice Vernatter, Cindy Elam,
 Cindy Young, Dennis Shinkle, Faye Greer,
 Julia Justice, Lee Ann Bradley, Margie Bellamy,
 Nicole Holden, Pam Scott

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
New Year's Holiday Welcome Center is closed	8:30 Coffee Social Hour 9:30 Current Events/Trivia 10:00 Exercise – Chair Dance 10:30 Bible Study/Minute-Win It Games 11:30 Lunch 12:15 Exercise- Corn Toss & Mixed Salad 1:00 Sew. Club, games/collage 2:00 Nail Care	8:30 Coffee Social Hour 9:30 Current Events/Trivia 10:00 Exercise – Noodle Ball 10:30 Craft 11:30 Lunch 12:15 Bingo 1:00 Exercise to Music 1:30 Pass the Snowman 2:00 Hangman	8:30 Coffee Social Hour 9:30 Current Events/Trivia 10:00 Exercise – Chair Dance 10:30 Minute-Win It-Stack Cups, Cotton Ball Toss, MixSalad 11:30 Lunch 12:15 Remember When 1:00 Chair Volleyball 2:00 Make-A-Word	Celebrate Monthly Birthdays 8:30 Coffee Social Hour 9:30 Current Events/Trivia 10:00 Exercise – Chair Dance 10:30 Bible Study/Concentration 11:30 Lunch 12:15 Exercise- Noodle Ball 1:00 Music with Sharon 1:30 Birthday Party 2:00 Room Leader's Choice
9	10	11	12	13
8:30 Coffee Social Hour 9:30 Current Events/Trivia 10:00 Exercise-Noodle Ball 10:30 Hangman 11:30 Lunch 12:30 Perla & Scout 1:00 Craft 2:00 Puzzles & Games	8:30 Coffee Social Hour 9:30 Current Events/Trivia 10:00 Exercise – Corn & Ring Toss 10:30 Bible Study/Make-A-Word 11:30 Lunch 12:30 Sewing Club, games/movie 2:00 Exercise-Chair Stretch	8:30 Coffee Social Hour 9:30 Current Events/Trivia 10:00 Exercise to Music 10:30 Craft 11:30 Lunch 12:30 Pass the Snowman 1:00 Cliff & Karen Cox 2:00 Music Therapy	8:30 Coffee Social Hour 9:30 Current Events/Trivia 10:00 Exercise- Chair Dance 10:30 Concentration 11:30 Lunch 12:30 Bingo 1:30 Exercise – Hockey at Bat 2:00 Music Therapy	Western Day (Blue Jeans) 8:30 Coffee Social Hour 9:30 Current Events/Trivia 10:00 Exercise – Chair Dance 10:30 Bible Study, Line Dancing, Games, Winter Reminisce 11:30 Lunch 12:30 The Kilgores
16	17	18	19	20
Martin Luther King Day Welcome Center is closed	Caregiver Meeting 8:30 Coffee Social Hour 9:30 Current Events/Trivia 10:00 Exercise – Minute-Win It 10:30 Bible Study/Games 11:30 Lunch 12:30 The Neals 1:00 Exercise-Mixed Salad 1:30 Sewing Club 2:00 Hangman & Nail Care	50's/60's dance 8:30 Coffee Social Hour 9:30 Current Events/Trivia 10:00 Exercise-Chair Dance 10:30 MOW cards 11:30 Lunch 12:15 Storytime 1:00 The Fizers 2:00 Music Therapy	8:30 Coffee Social Hour 9:30 Current Events/Trivia 10:00 Pass the Snowman 10:30 Bowling Pin Ring Toss 11:30 Lunch 12:30 Bingo 1:30 Exercise to Music 2:00 Music Therapy	Hug a Friend Day 8:30 Coffee Social Hour 9:30 Current Events/Trivia 10:00 Exercise – Corn Toss 10:30 Bible Study/Craft 11:30 Lunch 12:30 Jerry Stanley 2:00 Exercise to Music
23	24	25	26	27
8:30 Coffee Social Hour 9:30 Current Events/Trivia 10:00 Hangman 10:30 Exercise-Chair Dance 11:30 Lunch 12:30 Cliff Cox Gospel/Country 2:00 Music Therapy	8:30 Coffee Social Hour 9:30 Current Events/Trivia 10:00 Fred Hannah & Friends 11:30 Lunch 12:30 Bible Study/Line Dancing/ Games 1:30 Exercise-Chair Dance 2:00 Winter Reminisce	8:30 Coffee Social Hour 9:30 Current Events/Trivia 10:00 Pass the Snowman 10:30 Exercise to Music 11:30 Lunch 12:30 Tom Turner/ Craft, Hockey at Bat 2:00 Music Therapy	Open House 8:30 Coffee Social Hour 9:30 Current Events/Trivia 10:00 Exercise to Holiday Music 10:30 Sewing Club/Movie 11:30 Lunch 12:30 Music Therapy 1:00 Open House	Beat Cabin Fever Day 8:30 Coffee Social Hour 9:30 Current Events/Trivia 10:00 Exercise – Chair Dance 10:30 Bible Study/Concentration 11:30 Lunch 12:30 Let's Take an Armchair Trip 2:00 Exercise to Beach Boy Music

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30	31	<p>Alternative Activities offered include: Card Games, Puzzles, Board Games, Rummicube, Nail Care, Wii, & Patio Visits. These Activities vary each day.</p>	<p><i>Activities Calendar approved by:</i></p> <hr style="width: 80%; margin-left: auto; margin-right: 0;"/> <p style="text-align: right;"><i>Director Elaine Brown, R.N.</i></p>
<p>8:30 Coffee Social Hour 9:30 Current Events/Trivia 10:00 Exercise – Noodle Ball 10:30 Craft 11:30 Lunch 12:30 Bingo 2:00 Exercise-Chair Dance</p>	<p>8:30 Coffee Social Hour 9:30 Current Events/Trivia 10:00 Exercise – Chair Dance 10:30 Bible Study/Concentration 11:30 Lunch 12:30 Tellico 2:00 Exercise-Chair Stretch</p>		